

# Tobacco Use Fact Sheet For The Consultative Workshop

## Global



- **Tobacco kills** up to half of its users.
- **Tobacco kills** more than 8 million people each year.
- More than 7 million of those deaths are the result of direct tobacco use while around 1.2 million are the result of non-smokers being exposed to second-hand smoke.
- Over 80% of the world's 1.3 billion tobacco users live in low- and middle-income countries such as Pakistan.

## Pakistan

**160,000 Deaths**

Tobacco causes per year

**23.9 million**

- 19% of the total population (age 15+) uses tobacco and that is 23.9 million
- Out of 23.9 million people 15.6 million are smokers

**163,360 died in 2017**

In 2017, about 163,360 people died due to tobacco use.

## Tobacco use in youth

- 1200 Pakistani children between ages 6 and 15 begin smoking every day.
- 2 in 5 smokers initiated cigarette smoking before the age of 10.
- 37.8% of youth (ages 13-15) are exposed to secondhand smoke in public places
- 21% of youth are exposed to secondhand smoke in homes.

## Second hand Smoke exposure

**39%**

households exposed daily to Secondhand tobacco smoke

**72.5%**

adults (16.8 million) who work indoors exposed to tobacco smoke

**86%**

adults visited restaurants in 2014 (49.2 million) were exposed to secondhand smoke

**76.2%**

adults used public transport exposed to secondhand smoke.

# Factsheet from the Global Youth Tobacco Survey (GYTS) 2013

## Cessation

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- 6 in 10 current smokers show signs of smoking dependence.
- 6 in 10 current smokers tried to stop smoking in the past 12 months.

## Second hand smoke exposure

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- 21.0% of students were exposed to tobacco smoke at home.
- 37.8% of students were exposed to tobacco smoke inside enclosed public places.

## Access and availability

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- 87.6% of current cigarette smokers obtained cigarettes by buying them from a store, shop, street vendor, kiosk, school canteen, or pharmacy.
- Among current cigarette smokers who bought cigarettes, 44.9% were not prevented from buying them because of their age.

## Media

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- 5 in 10 students noticed anti-tobacco messages in the media.
- 3 in 10 students noticed tobacco advertisements or promotions when visiting points of sale.
- 1 in 10 students own something with a tobacco brand logo on it.

## Knowledge and attitudes

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- 75.9% of students definitely thought other people's tobacco smoking is harmful to them.
- 76.5% of students favor banning smoking inside enclosed public places.